

flexplanSM

for your benefit

SAMPLE OF ACCEPTABLE OVER-THE-COUNTER ITEMS*

ANTISEPTICS

Antiseptic wash or ointment for cuts, scrapes or burns
Benzocaine swabs
Boric acid powder
First aid wipes
Hydrogen peroxide
Iodine tincture
Rubbing alcohol
Sublimed sulfur powder

ASTHMA MEDICATIONS

Bronchodilator tablets
Expectorant tablets
Bronchial asthma inhalers

COLD, FLU & ALLERGY MEDICATIONS

Allergy medications
Cold relief syrup
Cold relief tablets
Cough drops
Cough syrup
Flu relief tablets or liquid
Medicated chest rub
Nasal decongestant inhaler
Nasal decongestant spray or drops
Nasal strips to improve congestion
Sinus & allergy homeopathic nasal spray
Sinus medications
Vapor patch cough suppressant

DIABETES

Diabetic lancets
Diabetic test strips
Glucose meters

EAR/EYE CARE

Ear drops
Ear water-drying aids
Ear wax removal drops
Eye drops
Contact lens solutions

HEALTH AIDS

Band-Aids, gauze and tape
Sleeping aids
Thermometers
Anti-fungal treatments
Denture adhesives
Diuretics and water pills
Hemorrhoid relief
Incontinence supplies
Lice control
Medicated bandages
Motion sickness tablets

PAIN RELIEF

Arthritis pain reliever
Bunion and blister treatments
Orajel
Pain relievers, aspirin and non-aspirin
Throat pain medications

PERSONAL TEST KITS

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

SKIN CARE

Acne medications
Anti-itch lotion
Bunion and blister treatments
Cold sore and fever blister medications
Corn and callus removal medications
Diaper rash ointment
Eczema cream
Medicated bath products
Wart removal medications

STOMACH CARE

Acid reducers
Antacid gum
Antacid liquid
Antacid tablets
Anti-diarrhea medications
Gas prevention food enzyme dietary supplement
Gas relief drops, tablets or chewable
Ipecac syrup
Laxatives

NOT ACCEPTABLE*

Aromatherapy	Deodorants	Petroleum jelly
Baby bottles and cups	Diabetic replacement foods	Shampoo and conditioner
Baby oil	Facial care	Spa salts
Baby wipes	Feminine care	Sun tanning products
Breast enhancement system	Fragrances	Teeth whitening treatments or products
Cosmetics	Hair re-growth	Tooth brushes
Cotton swabs	Low "carb" and calorie foods	Tooth Paste
Dental floss	Oral care (mouth wash/plaque rinse)	Foot spa

DUAL USE - REQUIRES DOCTOR LETTER*

Gloves and masks	Massage Therapy	Special supplements
Herbs	Minerals	Vitamins
Leg or arm braces	Multivitamins	

*Plan restrictions may apply. Check with plan administrator. Please note: This is a "sample" listing and all items are subject to review by plan administrator.